

## Global Health, Disability & Wellbeing Observances Calendar 2026

Scope: Globally recognised (UN/WHO/major international organisations). Each entry includes colour-coded labels and a reference link.

### January 2026




Title & Link	Purpose	Date (2026)
<b>&amp; Disability Inclusion World Braille Day</b> <a href="https://www.un.org/en/observances/braille-day">https://www.un.org/en/observances/braille-day</a>	Awareness of Braille as a path to literacy, independence, and inclusion for blind/low-vision people.	Sun, Jan 4
<b>Health Public Health World Leprosy Day</b> <a href="https://www.who.int/campaigns/world-leprosy-day">https://www.who.int/campaigns/world-leprosy-day</a>	End stigma and improve access to diagnosis and treatment for Hansen's disease.	Sun, Jan 25 (last Sunday)
<b>Public Health World Neglected Tropical Diseases Day</b> <a href="https://www.who.int/campaigns/world-ntd-day">https://www.who.int/campaigns/world-ntd-day</a>	Mobilise action to beat NTDs affecting the poorest communities.	Fri, Jan 30
<b>Inclusion International Day of Education</b> <a href="https://www.un.org/en/observances/education-day">https://www.un.org/en/observances/education-day</a>	Education's role in peace and development (access & inclusion).	Sun, Jan 25
<b>Month Health Cervical Cancer Awareness Month</b> <a href="https://www.who.int/health-topics/cervical-cancer">https://www.who.int/health-topics/cervical-cancer</a>	Prevention through HPV vaccination and screening.	All January
<b>Month Health Glaucoma Awareness (Global)</b> <a href="https://www.iapb.org/learn/knowledge-hub/eye-health/">https://www.iapb.org/learn/knowledge-hub/eye-health/</a>	Prevent avoidable vision loss via awareness and screening.	All January
<b>Month Public Health Dry January</b> <a href="https://alcoholchange.org.uk/get-involved/campaigns/dry-january">https://alcoholchange.org.uk/get-involved/campaigns/dry-january</a>	Alcohol-free month promoting liver/mental health and wellbeing.	All January

<b>Month Inclusion International Quality of Life Month</b> <a href="https://www.who.int/news-room/fact-sheets/detail/healthy-ageing-and-functional-ability">https://www.who.int/news-room/fact-sheets/detail/healthy-ageing-and-functional-ability</a>	Focus on wellbeing and quality of life for all.	All January
<b>Inclusion International Day of Commemoration in Memory of the Victims of the Holocaust</b> <a href="https://www.un.org/en/holocaustremembrance">https://www.un.org/en/holocaustremembrance</a>	Human rights remembrance, disability persecution awareness in history.	Tue, Jan 27
<b>Health World Snow Day (FIS)</b> <a href="https://www.worldsnowday.com/">https://www.worldsnowday.com/</a>	Active lifestyles & safe outdoor play for children.	Sun, Jan 18
<b>Public Health International Day of Clean Energy</b> <a href="https://www.un.org/en/observances/clean-energy-day">https://www.un.org/en/observances/clean-energy-day</a>	Clean energy's role in health and climate resilience.	Fri, Jan 26
<b>Month Health Thyroid Awareness (Global)</b> <a href="https://www.who.int/news-room/fact-sheets/detail/iodine">https://www.who.int/news-room/fact-sheets/detail/iodine</a>	Awareness of thyroid disorders and care.	All January
<b>Inclusion World Logic Day</b> <a href="https://www.unesco.org/en/days/world-logic-day">https://www.unesco.org/en/days/world-logic-day</a>	Education & cognitive inclusion; promotes accessible STEM.	Wed, Jan 14
<b>Inclusion Zero Discrimination (preview) campaigns</b> <a href="https://www.unaids.org/en/zero-discrimination-day">https://www.unaids.org/en/zero-discrimination-day</a>	Lead-up campaigns for inclusion and anti-stigma.	Late January (campaigns)












## February 2026






Title & Link	Purpose	Date (2026)
<b>Public Health World Cancer Day</b> <a href="https://www.worldcancerday.org/">https://www.worldcancerday.org/</a>	Unite for prevention, screening and equitable cancer care.	Wed, Feb 4
<b>&amp; Disability Mental International Epilepsy Day</b> <a href="https://www.epilepsy.org/international-epilepsy-day/">https://www.epilepsy.org/international-epilepsy-day/</a>	Rights, inclusion and care for people with epilepsy.	Mon, Feb 9 (2nd Monday)

<b>📌 Inclusion International Day of Women &amp; Girls in Science</b> <a href="https://www.un.org/en/observances/women-and-girls-in-science-day">https://www.un.org/en/observances/women-and-girls-in-science-day</a>	STEM inclusion and accessibility.	Wed, Feb 11
<b>📌 Public Health International Childhood Cancer Day</b> <a href="https://www.iccd.care/">https://www.iccd.care/</a>	Support children/adolescents with cancer.	Sun, Feb 15
<b>📌 Inclusion World Day of Social Justice</b> <a href="https://www.un.org/en/observances/social-justice-day">https://www.un.org/en/observances/social-justice-day</a>	Equity & access to services, including health and disability rights.	Fri, Feb 20
<b>📌 Public Health Rare Disease Day</b> <a href="https://www.rarediseaseday.org/">https://www.rarediseaseday.org/</a>	Equity in diagnosis, care and research for rare diseases.	Sat, Feb 28
<b>📌 Inclusion Safer Internet Day</b> <a href="https://www.saferinternetday.org/">https://www.saferinternetday.org/</a>	Digital wellbeing, accessibility and child protection online.	Tue, Feb 10
<b>📌 Public Health 📌 Inclusion Zero Tolerance for Female Genital Mutilation</b> <a href="https://www.un.org/en/observances/female-genital-mutilation-day">https://www.un.org/en/observances/female-genital-mutilation-day</a>	End FGM; protect health and rights of girls/women.	Fri, Feb 6
<b>📌 Health World Encephalitis Day</b> <a href="https://www.worldencephalitisday.org/">https://www.worldencephalitisday.org/</a>	Awareness of encephalitis and support for survivors.	Sun, Feb 22
<b>📌 Public Health International Polar Bear Day (climate-health)</b> <a href="https://polarbearsinternational.org/act-now/awareness/international-polar-bear-day/">https://polarbearsinternational.org/act-now/awareness/international-polar-bear-day/</a>	Climate impacts on health and communities.	Fri, Feb 27
<b>📌 Public Health International Condom Day (advocacy)</b> <a href="https://www.who.int/health-topics/hiv-aids">https://www.who.int/health-topics/hiv-aids</a>	Safer sex & STI/HIV prevention.	Fri, Feb 13
<b>📌 Inclusion International Mother Language Day</b> <a href="https://www.unesco.org/en/days/mother-language">https://www.unesco.org/en/days/mother-language</a>	Linguistic inclusion, accessible communication.	Sat, Feb 21

 <b>Health Heart Valve Disease Awareness Day</b> <a href="https://www.valvediseaseday.org/">https://www.valvediseaseday.org/</a>	Awareness of valvular heart disease.	Sat, Feb 22
 <b>Mental</b>  <b>Inclusion International Stand Up to Bullying Day (spring)</b> <a href="https://www.standupday.com/">https://www.standupday.com/</a>	Wellbeing, anti-bullying and inclusion.	Fri, Feb 27 (last Fri)

## March 2026

Title & Link	Purpose	Date (2026)
 <b>Disability</b>  <b>Public Health World Hearing Day</b> <a href="https://www.who.int/campaigns/world-hearing-day">https://www.who.int/campaigns/world-hearing-day</a>	Ear & hearing care for all.	Tue, Mar 3
 <b>Public Health World Birth Defects Day</b> <a href="https://worldbirthdefectsday.org/">https://worldbirthdefectsday.org/</a>	Awareness and prevention of congenital conditions.	Tue, Mar 3
 <b>Public Health World Obesity Day</b> <a href="https://www.worldobesityday.org/">https://www.worldobesityday.org/</a>	Act to reduce obesity and NCD risk.	Wed, Mar 4
 <b>Inclusion International Women's Day</b> <a href="https://www.un.org/en/observances/womens-day">https://www.un.org/en/observances/womens-day</a>	Gender equity incl. health/rights access.	Sun, Mar 8
 <b>Health World Kidney Day</b> <a href="https://www.worldkidneyday.org/">https://www.worldkidneyday.org/</a>	Kidney health for all.	Thu, Mar 12 (2nd Thu)
 <b>Health World Sleep Day</b> <a href="https://worldsleepday.org/">https://worldsleepday.org/</a>	Healthy sleep for wellbeing.	Fri, Mar 13
 <b>Public Health World Oral Health Day</b> <a href="https://www.worldoralhealthday.org/">https://www.worldoralhealthday.org/</a>	Be proud of your mouth – oral health for overall health.	Fri, Mar 20
 <b>Mental International Day of Happiness</b> <a href="https://www.un.org/en/observances/happiness-day">https://www.un.org/en/observances/happiness-day</a>	Mental wellbeing and positive societies.	Fri, Mar 20
 <b>Disability</b>  <b>Inclusion Down Syndrome Day</b> <a href="https://www.worlddownsyndromeday.org/">https://www.worlddownsyndromeday.org/</a>	Inclusion and rights; #LotsOfSocks.	Sat, Mar 21

 <b>Public Health World TB Day</b> <a href="https://www.who.int/campaigns/world-tb-day">https://www.who.int/campaigns/world-tb-day</a>	Accelerate efforts to end tuberculosis.	Tue, Mar 24
 <b>Mental &amp; Disability Purple Day (Epilepsy)</b> <a href="https://www.purpleday.org/">https://www.purpleday.org/</a>	Global support for people with epilepsy.	Thu, Mar 26
 <b>Mental World Bipolar Day</b> <a href="https://www.isbd.org/world-bipolar-day/">https://www.isbd.org/world-bipolar-day/</a>	Awareness and understanding of bipolar conditions.	Mon, Mar 30
 <b>Health World Retina Day (approx.)</b> <a href="https://www.iapb.org/">https://www.iapb.org/</a>	Awareness of retinal diseases and vision.	Sat, Mar 28 (varies)
 <b>Month &amp; Disability Cerebral Palsy Awareness Month (preview)</b> <a href="https://cerebralpalsy.org.au/our-research/world-cerebral-palsy-day/">https://cerebralpalsy.org.au/our-research/world-cerebral-palsy-day/</a>	Lead-up awareness for CP community.	All March

## April 2026

Title & Link	Purpose	Date (2026)
 <b>&amp; Disability Inclusion World Autism Awareness Day</b> <a href="https://www.un.org/en/observances/autism-day">https://www.un.org/en/observances/autism-day</a>	Inclusion, rights and acceptance for autistic people.	Thu, Apr 2
 <b>Public Health World Health Day</b> <a href="https://www.who.int/campaigns/world-health-day">https://www.who.int/campaigns/world-health-day</a>	Annual WHO theme spotlighting global health.	Tue, Apr 7
 <b>Health World Parkinson's Day</b> <a href="https://www.parkinson.org/parkinsons-awareness-month">https://www.parkinson.org/parkinsons-awareness-month</a>	Awareness and support for Parkinson's.	Sat, Apr 11
 <b>Public Health World Chagas Disease Day</b> <a href="https://www.who.int/campaigns/world-chagas-disease-day">https://www.who.int/campaigns/world-chagas-disease-day</a>	End neglect and strengthen care for Chagas disease.	Tue, Apr 14
 <b>Health World Hemophilia Day</b> <a href="https://wfh.org/world-hemophilia-day/">https://wfh.org/world-hemophilia-day/</a>	Awareness of bleeding disorders and care access.	Fri, Apr 17
 <b>Week Public Health World Immunization Week</b>	Vaccination saves lives.	Fri, Apr 24 – Thu, Apr 30

<https://www.who.int/campaigns/world-immunization-week>

 **Public Health World Malaria Day**  
<https://www.who.int/campaigns/world-malaria-day>

Invest, innovate, implement to end malaria.

Sat, Apr 25

 **Public Health World Meningitis Day**  
<https://www.meningitis.org/>

Defeat meningitis through vaccination and care.

Sat, Apr 25 (varies)

 **Inclusion International Day of Sport for Development and Peace**  
<https://www.un.org/en/observances/sport-day>


Sport's role in health and inclusion.

Mon, Apr 6

 **Public Health World Day for Safety and Health at Work**  
<https://www.ilo.org/global/topics/safety-and-health-at-work/lang--en/index.htm>

Occupational safety and health for all workers.

Tue, Apr 28

 **Health & Disability International Noise Awareness Day**  
<https://noiseawareness.org/>

Prevent hearing loss from noise.

Wed, Apr 29 (last Wed)

 **Week  Health World Primary Immunodeficiency Week**  
<https://ipopi.org/>

Awareness and advocacy for PID patients.

Late April (varies)

 **Health World Liver Day (widely observed)**  
<https://www.who.int/health-topics/hepatitis>

Awareness of liver diseases and prevention.

Sun, Apr 19

 **Public Health International Chernobyl Disaster Remembrance Day**  
<https://www.un.org/en/observances/chernobyl-remembrance-day>

Health and environmental impacts remembrance.

Sun, Apr 26

## May 2026

Title & Link

Purpose

Date (2026)

 **Public Health World Asthma Day**  
<https://ginasthma.org/world-asthma-day/>

Improve asthma care and outcomes worldwide.










Tue, May 5 (1st Tue)

 **Health International Day of the Midwife**

Celebrate and support midwives globally.

Tue, May 5

<https://www.internationalmidwives.org/our-work/global-midwives/>

 <b>Public Health World Hand Hygiene Day</b> <a href="https://www.who.int/campaigns/world-hand-hygiene-day">https://www.who.int/campaigns/world-hand-hygiene-day</a>	Clean care saves lives.	Tue, May 5
 <b>Health International Thalassaemia Day</b> <a href="https://thalassaemia.org.cy/">https://thalassaemia.org.cy/</a>	Awareness of thalassaemia and care.	Fri, May 8
 <b>Health International Nurses Day</b> <a href="https://www.icn.ch/what-we-do/campaigns/international-nurses-day">https://www.icn.ch/what-we-do/campaigns/international-nurses-day</a>	Recognise nurses' vital role in health systems.	Tue, May 12
 <b>Health</b>  <b>Mental ME/CFS Awareness Day</b> <a href="https://www.meresearch.org.uk/">https://www.meresearch.org.uk/</a>	Visibility and research for ME/CFS.	Tue, May 12
 <b>Public Health World Hypertension Day</b> <a href="https://www.whleague.org/world-hypertension-day">https://www.whleague.org/world-hypertension-day</a>	Detect, treat and control hypertension.	Sun, May 17
 <b>Inclusion International Day of Families</b> <a href="https://www.un.org/en/observances/international-day-of-families">https://www.un.org/en/observances/international-day-of-families</a>	Family wellbeing and inclusive societies.	Fri, May 15
 <b>Health World IBD Day</b> <a href="https://worldibdday.org/">https://worldibdday.org/</a>	Awareness of Crohn's & ulcerative colitis.	Tue, May 19
 <b>Public Health World Family Doctor Day</b> <a href="https://www.globalfamilydoctor.com/">https://www.globalfamilydoctor.com/</a>	Recognise primary care's role in health.	Tue, May 19
 <b>Disability</b>  <b>Inclusion Global Accessibility Awareness Day (GAAD)</b> <a href="https://accessibility.day/">https://accessibility.day/</a>	Digital access and inclusion for people with disabilities.	Thu, May 21 (3rd Thu)
 <b>Health World Preeclampsia Day</b> <a href="https://www.preeclampsia.org/world-preeclampsia-day">https://www.preeclampsia.org/world-preeclampsia-day</a>	Awareness and prevention of preeclampsia.	Fri, May 22
 <b>Public Health End Obstetric Fistula Day</b> <a href="https://www.unfpa.org/events/international-day-end-obstetric-fistula">https://www.unfpa.org/events/international-day-end-obstetric-fistula</a>	End fistula and expand access to maternal care.	Sat, May 23
 <b>Public Health World No Tobacco Day</b> <a href="https://www.who.int/campaigns/world-no-tobacco-day">https://www.who.int/campaigns/world-no-tobacco-day</a>	Protect health from tobacco industry harms.	Sun, May 31

## June 2026






Title & Link	Purpose	Date (2026)
<b>🌐 Inclusion International Day of Innocent Children Victims of Aggression</b> <a href="https://www.un.org/en/observances/innocent-children-day">https://www.un.org/en/observances/innocent-children-day</a>	Protect children's wellbeing and recovery.	Thu, Jun 4
<b>🌐 Health World Bicycle Day</b> <a href="https://www.un.org/en/observances/bicycle-day">https://www.un.org/en/observances/bicycle-day</a>	Cycling for health and sustainability.	Wed, Jun 3
<b>🌐 Public Health World Environment Day (health links)</b> <a href="https://www.un.org/en/observances/environment-day">https://www.un.org/en/observances/environment-day</a>	Environment and health connections.	Fri, Jun 5
<b>🌐 Health World Brain Tumor Day</b> <a href="https://www.thebraintumourcharity.org/">https://www.thebraintumourcharity.org/</a>	Awareness and support for brain tumor patients.	Mon, Jun 8
<b>🌐 Public Health World Blood Donor Day</b> <a href="https://www.who.int/campaigns/world-blood-donor-day">https://www.who.int/campaigns/world-blood-donor-day</a>	Safe blood saves lives.	Sun, Jun 14
<b>🌐 Disability 🌐 Inclusion International Albinism Awareness Day</b> <a href="https://www.un.org/en/observances/albinism-awareness-day">https://www.un.org/en/observances/albinism-awareness-day</a>	Inclusion and protection for persons with albinism.	Sat, Jun 13
<b>🌐 Inclusion World Elder Abuse Awareness Day</b> <a href="https://euaa.org/">https://euaa.org/</a>	Prevent abuse and support older persons.	Mon, Jun 15
<b>🌐 Health World Sickle Cell Day</b> <a href="https://www.sicklecellsociety.org/">https://www.sicklecellsociety.org/</a>	Improve care for sickle cell disease.	Fri, Jun 19
<b>🌐 Inclusion World Refugee Day</b> <a href="https://www.unhcr.org/world-refugee-day">https://www.unhcr.org/world-refugee-day</a>	Protection, health and dignity for refugees.	Sat, Jun 20
<b>🌐 Health 🌐 Mental International Day of Yoga</b> <a href="https://www.un.org/en/observances/yoga-day">https://www.un.org/en/observances/yoga-day</a>	Physical and mental wellbeing.	Sun, Jun 21
<b>🌐 Health World Vitiligo Day</b> <a href="https://worldvitiligoday.org/">https://worldvitiligoday.org/</a>	Awareness and support for people with vitiligo.	Thu, Jun 25



<a href="https://www.unodc.org/">📄</a> <b>Public Health International Day against Drug Abuse &amp; Illicit Trafficking</b> <a href="https://www.unodc.org/">https://www.unodc.org/</a>	Prevention and treatment for substance use disorders.	Fri, Jun 26
<a href="https://www.un.org/en/observances/torture-victims-day">📄</a> <b>Inclusion International Day in Support of Victims of Torture</b> <a href="https://www.un.org/en/observances/torture-victims-day">https://www.un.org/en/observances/torture-victims-day</a>	Rehabilitation and rights for survivors.	Fri, Jun 26
<a href="https://au.int/">📄</a> <b>Inclusion International Day of the African Child</b> <a href="https://au.int/">https://au.int/</a>	Child health, education and rights in Africa.	Tue, Jun 16

## July 2026

Title & Link	Purpose	Date (2026)
<a href="https://www.un.org/development/desa/disabilities/">📄</a> <b>Month &amp; Disability Disability Pride Month</b> <a href="https://www.un.org/development/desa/disabilities/">https://www.un.org/development/desa/disabilities/</a>	Celebrate disability culture, pride and rights.	All July
<a href="https://www.who.int/health-topics/zoonoses">📄</a> <b>Public Health World Zoonoses Day</b> <a href="https://www.who.int/health-topics/zoonoses">https://www.who.int/health-topics/zoonoses</a>	Prevent zoonotic diseases through One Health.	Mon, Jul 6
<a href="https://www.un.org/en/observances/world-population-day">📄</a> <b>Public Health World Population Day</b> <a href="https://www.un.org/en/observances/world-population-day">https://www.un.org/en/observances/world-population-day</a>	Health, rights and development for all.	Sat, Jul 11
<a href="https://wfneurology.org/world-brain-day">📄</a> <b>Health World Brain Day</b> <a href="https://wfneurology.org/world-brain-day">https://wfneurology.org/world-brain-day</a>	Brain health for all (WFN).	Wed, Jul 22
<a href="https://isfglobal.org/">📄</a> <b>Health International Self-Care Day</b> <a href="https://isfglobal.org/">https://isfglobal.org/</a>	Self-care as part of health systems.	Fri, Jul 24
<a href="https://www.who.int/news/item/28-04-2021-un-general-assembly-proclaims-new-drowning-prevention-day">📄</a> <b>Public Health World Drowning Prevention Day</b> <a href="https://www.who.int/news/item/28-04-2021-un-general-assembly-proclaims-new-drowning-prevention-day">https://www.who.int/news/item/28-04-2021-un-general-assembly-proclaims-new-drowning-prevention-day</a>	Prevent drowning; promote water safety.	Sat, Jul 25
<a href="https://www.who.int/campaigns/world-hepatitis-day">📄</a> <b>Public Health World Hepatitis Day</b> <a href="https://www.who.int/campaigns/world-hepatitis-day">https://www.who.int/campaigns/world-hepatitis-day</a>	Eliminate viral hepatitis.	Tue, Jul 28
<a href="https://www.un.org/en/observances/friendship-day">📄</a> <b>Mental International Day of Friendship</b> <a href="https://www.un.org/en/observances/friendship-day">https://www.un.org/en/observances/friendship-day</a>	Social connection & mental wellbeing.	Thu, Jul 30

 <b>Inclusion</b> World Youth Skills Day <a href="https://www.un.org/en/observances/world-youth-skills-day">https://www.un.org/en/observances/world-youth-skills-day</a>	Youth skills for employment and wellbeing.	Wed, Jul 15
 <b>Mental</b> Global Forgiveness Day <a href="https://positivity.org/">https://positivity.org/</a>	Emotional wellbeing and reconciliation.	Mon, Jul 7
 <b>Public Health</b> Plastic Bag Free Day (health-environment) <a href="https://www.unep.org/">https://www.unep.org/</a>	Healthier environment and communities.	Fri, Jul 3
 <b>Inclusion</b> International Nelson Mandela Day <a href="https://www.un.org/en/events/mandeladay/">https://www.un.org/en/events/mandeladay/</a>	Community service, dignity and health equity.	Sat, Jul 18
 <b>Mental</b> World Schizophrenia Day (observed in some regions) <a href="https://www.who.int/mental-health">https://www.who.int/mental-health</a>	Awareness and support.	Fri, Jul 25 (varies)












## August 2026

Title & Link	Purpose	Date (2026)
 <b>Public Health</b> World Lung Cancer Day <a href="https://www.iaslc.org/iaslc-news/iaslc-launches-world-lung-cancer-day">https://www.iaslc.org/iaslc-news/iaslc-launches-world-lung-cancer-day</a>	Awareness, screening and prevention of lung cancer.	Sat, Aug 1
 <b>Week</b>  <b>Health</b> World Breastfeeding Week <a href="https://www.worldbreastfeedingweek.org/">https://www.worldbreastfeedingweek.org/</a>	Protect, promote and support breastfeeding.	Aug 1–7
 <b>Inclusion</b> International Day of the World's Indigenous Peoples <a href="https://www.un.org/en/observances/indigenous-day">https://www.un.org/en/observances/indigenous-day</a>	Health equity and rights for Indigenous Peoples.	Sun, Aug 9
 <b>Inclusion</b> International Youth Day <a href="https://www.un.org/en/observances/youth-day">https://www.un.org/en/observances/youth-day</a>	Youth wellbeing and participation.	Wed, Aug 12
 <b>Public Health</b> World Humanitarian Day <a href="https://www.un.org/en/observances/humanitarian-day">https://www.un.org/en/observances/humanitarian-day</a>	Protect humanitarian workers & affected people; health access.	Wed, Aug 19
 <b>Public Health</b> World Mosquito Day <a href="https://www.lshtm.ac.uk/newsevents/events/world-mosquito-day">https://www.lshtm.ac.uk/newsevents/events/world-mosquito-day</a>	Prevent vector-borne diseases (malaria, dengue, Zika).	Thu, Aug 20





<a href="https://www.un.org/en/observances/terrorism-victims-day">📄 Mental 📄 Inclusion</a> <b>International Day for Victims of Terrorism</b> <a href="https://www.un.org/en/observances/terrorism-victims-day">https://www.un.org/en/observances/terrorism-victims-day</a>	Support survivors' mental health and rights.	Fri, Aug 21
<a href="https://www.overdoseday.com/">📄 Public Health</a> <b>International Overdose Awareness Day</b> <a href="https://www.overdoseday.com/">https://www.overdoseday.com/</a>	Remember, act, and prevent overdose deaths.	Mon, Aug 31
<a href="https://www.curesma.org/">📄 Month &amp; Disability</a> <b>SMA Awareness Month (global orgs)</b> <a href="https://www.curesma.org/">https://www.curesma.org/</a>	Awareness of spinal muscular atrophy.	All August
<a href="https://ifpa-pso.com/">📄 Month 📄 Health</a> <b>Psoriasis Awareness (some regions)</b> <a href="https://ifpa-pso.com/">https://ifpa-pso.com/</a>	Awareness for psoriasis (global day in Oct).	All August
<a href="https://worldwaterweek.org/">📄 Week 📄 Public Health</a> <b>World Water Week (Stockholm)</b> <a href="https://worldwaterweek.org/">https://worldwaterweek.org/</a>	Water, sanitation, and health.	Late Aug (varies)

## September 2026

Title & Link	Purpose	Date (2026)
<a href="https://www.alzint.org/">📄 Month 📄 Mental</a> <b>World Alzheimer's Month</b> <a href="https://www.alzint.org/">https://www.alzint.org/</a>	Global dementia awareness and support.	All September
<a href="https://childhoodcancerinternational.org/">📄 Month 📄 Public Health</a> <b>Childhood Cancer Awareness Month</b> <a href="https://childhoodcancerinternational.org/">https://childhoodcancerinternational.org/</a>	Support children with cancer and families.	All September
<a href="https://www.lymphoma.org/">📄 Month 📄 Health</a> <b>Blood Cancer Awareness Month</b> <a href="https://www.lymphoma.org/">https://www.lymphoma.org/</a>	Leukaemia, lymphoma, myeloma awareness.	All September
<a href="https://www.fasday.com/">📄 Public Health</a> <b>Fetal Alcohol Spectrum Disorders (FASD) Day</b> <a href="https://www.fasday.com/">https://www.fasday.com/</a>	Prevent prenatal alcohol exposure; support families.	Wed, Sep 9
<a href="https://www.iasp.info/wspd/">📄 Mental</a> <b>World Suicide Prevention Day</b> <a href="https://www.iasp.info/wspd/">https://www.iasp.info/wspd/</a>	Prevention is possible; connection saves lives.	Thu, Sep 10
<a href="https://www.ifrc.org/">📄 Public Health</a> <b>World First Aid Day</b> <a href="https://www.ifrc.org/">https://www.ifrc.org/</a>	Learn first aid to save lives.	Sat, Sep 12 (2nd Sat)

 <b>Public Health World Patient Safety Day</b> <a href="https://www.who.int/campaigns/world-patient-safety-day">https://www.who.int/campaigns/world-patient-safety-day</a>	Safer care for all.	Thu, Sep 17
 <b>Disability</b>  <b>Week International Week of Deaf People</b> <a href="https://wfdeaf.org/iwdeaf2026/">https://wfdeaf.org/iwdeaf2026/</a>	Deaf rights, culture & access.	Mon–Sun, Sep 21–27
 <b>Disability</b>  <b>Inclusion International Day of Sign Languages</b> <a href="https://www.un.org/en/observances/sign-languages-day">https://www.un.org/en/observances/sign-languages-day</a>	Sign languages = inclusion & rights.	Wed, Sep 23
 <b>Public Health World Pharmacists Day</b> <a href="https://www.fip.org/world-pharmacists-day">https://www.fip.org/world-pharmacists-day</a>	Pharmacy united in action for a healthier world.	Fri, Sep 25
 <b>Public Health World Contraception Day</b> <a href="https://www.your-life.com/">https://www.your-life.com/</a>	Informed choices about sexual and reproductive health.	Sat, Sep 26
 <b>Public Health World Rabies Day</b> <a href="https://rabiesalliance.org/world-rabies-day">https://rabiesalliance.org/world-rabies-day</a>	Zero human deaths from dog-mediated rabies.	Mon, Sep 28
 <b>Health World Heart Day</b> <a href="https://world-heart-federation.org/world-heart-day/">https://world-heart-federation.org/world-heart-day/</a>	Cardiovascular health for all.	Tue, Sep 29
 <b>Week</b>  <b>Public Health Global Week for Action on NCDs</b> <a href="https://ncdalliance.org/">https://ncdalliance.org/</a>	Act on non-communicable diseases.	Early Sep (varies)
















## October 2026

Title & Link	Purpose	Date (2026)
 <b>Month</b>  <b>Public Health Breast Cancer Awareness Month</b> <a href="https://www.who.int/health-topics/breast-cancer">https://www.who.int/health-topics/breast-cancer</a>	Screening, support and research.	All October
 <b>Month</b>  <b>Disability Dyslexia Awareness Month</b> <a href="https://www.dyslexiaida.org/">https://www.dyslexiaida.org/</a>	Understanding and support for dyslexic learners.	All October

<b>Month</b> <b>Mental ADHD Awareness Month</b> <a href="https://www.adhdawarenessmonth.org/">https://www.adhdawarenessmonth.org/</a>	Awareness and acceptance of ADHD.	All October
<b>Inclusion International Day of Older Persons</b> <a href="https://www.un.org/en/observances/older-persons-day">https://www.un.org/en/observances/older-persons-day</a>	Rights & inclusion for older persons.	Thu, Oct 1
<b>Disability World Cerebral Palsy Day</b> <a href="https://worldcpday.org/">https://worldcpday.org/</a>	Awareness and action for CP.	Wed, Oct 7 (1st Wed)
<b>Health World Sight Day</b> <a href="https://www.iapb.org/world-sight-day/">https://www.iapb.org/world-sight-day/</a>	Love your eyes – eye health for all.	Thu, Oct 8 (2nd Thu)
<b>Mental World Mental Health Day</b> <a href="https://www.who.int/campaigns/world-mental-health-day">https://www.who.int/campaigns/world-mental-health-day</a>	Mental health is a universal human right.	Sat, Oct 10
<b>Public Health Global Handwashing Day</b> <a href="https://globalhandwashing.org/global-handwashing-day/">https://globalhandwashing.org/global-handwashing-day/</a>	Hand hygiene saves lives.	Thu, Oct 15
<b>Health World Spine Day</b> <a href="https://www.worldspineday.org/">https://www.worldspineday.org/</a>	Back pain prevention and spine health.	Fri, Oct 16
<b>Public Health World Food Day</b> <a href="https://www.fao.org/world-food-day">https://www.fao.org/world-food-day</a>	Healthy diets and food security.	Fri, Oct 16
<b>Disability International Stuttering Awareness Day</b> <a href="https://isad.live/">https://isad.live/</a>	Support speech fluency and acceptance.	Thu, Oct 22
<b>Public Health World Polio Day</b> <a href="https://www.endpolio.org/world-polio-day">https://www.endpolio.org/world-polio-day</a>	End polio.	Sat, Oct 24
<b>Health World Stroke Day</b> <a href="https://www.world-stroke.org/world-stroke-day-campaign">https://www.world-stroke.org/world-stroke-day-campaign</a>	Recognise stroke signs; act FAST.	Thu, Oct 29
<b>Health World Psoriasis Day</b> <a href="https://ifpa-pso.com/world-psoriasis-day/">https://ifpa-pso.com/world-psoriasis-day/</a>	Awareness and access to care for psoriasis.	Thu, Oct 29
<b>Week</b> <b>Public Health International Lead Poisoning Prevention Week</b>	Eliminate lead exposure, protect children.	Late Oct (varies)

<https://www.who.int/campaigns/lead-poisoning-prevention-week>

## November 2026

Title & Link	Purpose	Date (2026)
 <b>Month</b>  <b>Mental Movember (Men's Health Month)</b> <a href="https://us.movember.com/">https://us.movember.com/</a>	Mental health, suicide prevention, prostate & testicular cancer.	All November
 <b>Month</b>  <b>Public Health Lung Cancer Awareness Month</b> <a href="https://www.lungcancer.org/">https://www.lungcancer.org/</a>	Awareness, screening and prevention of lung cancer.	All November
 <b>Month</b>  <b>Public Health Pancreatic Cancer Awareness Month</b> <a href="https://www.worldpancreaticcancercoalition.org/">https://www.worldpancreaticcancercoalition.org/</a>	Awareness and research support.	All November
 <b>Month</b>  <b>Mental &amp; Disability Epilepsy Awareness Month</b> <a href="https://www.epilepsy.com/">https://www.epilepsy.com/</a>	Awareness and support for epilepsy.	All November
 <b>Month</b>  <b>Public Health COPD Awareness Month</b> <a href="https://goldcopd.org/">https://goldcopd.org/</a>	Awareness and prevention for COPD.	All November
 <b>Health World Radiography Day (International Day of Radiology)</b> <a href="https://www.isrrt.org/events/world-radiography-day">https://www.isrrt.org/events/world-radiography-day</a>	Recognise imaging and radiography in healthcare.	Sun, Nov 8
 <b>Public Health World Pneumonia Day</b> <a href="https://stopppneumonia.org/world-pneumonia-day/">https://stopppneumonia.org/world-pneumonia-day/</a>	Prevent and treat pneumonia worldwide.	Thu, Nov 12
 <b>Public Health World Diabetes Day</b> <a href="https://worlddiabetesday.org/">https://worlddiabetesday.org/</a>	Education and access to diabetes care.	Sat, Nov 14
 <b>Public Health World Day of Remembrance for Road Traffic Victims</b> <a href="https://www.un.org/en/observances/road-traffic-victims-day">https://www.un.org/en/observances/road-traffic-victims-day</a>	Remember, support, and act for road safety.	Sun, Nov 15 (3rd Sun)
 <b>Public Health World COPD Day</b> <a href="https://goldcopd.org/world-copd-day/">https://goldcopd.org/world-copd-day/</a>	Raise awareness and improve COPD care.	Wed, Nov 18 (3rd Wed)

<b>📅 Week 📅 Public Health Antimicrobial Awareness Week</b> <a href="https://www.who.int/campaigns/world-antimicrobial-awareness-week">https://www.who.int/campaigns/world-antimicrobial-awareness-week</a>	Tackle antimicrobial resistance (AMR).	Tue–Mon, Nov 17–23
<b>📅 Public Health International Men’s Day</b> <a href="https://internationalmensday.com/">https://internationalmensday.com/</a>	Men’s health and positive role models.	Thu, Nov 19
<b>📅 Public Health World Toilet Day</b> <a href="https://www.un.org/en/observances/toilet-day">https://www.un.org/en/observances/toilet-day</a>	Sanitation and hygiene for health and dignity.	Thu, Nov 19
<b>📅 Week 📅 Mental International Stress Awareness Week</b> <a href="https://isma.org.uk/">https://isma.org.uk/</a>	Reduce stress and improve mental wellbeing.	Mon–Fri, Nov 2–6 (1st week)
<b>📅 Mental International Stress Awareness Day</b> <a href="https://isma.org.uk/">https://isma.org.uk/</a>	Focus on stress prevention and support.	Wed, Nov 4 (1st Wed)
<b>📅 Public Health World Prematurity Day</b> <a href="https://www.who.int/news-room/events/detail/2026/11/17/default-calendar/world-prematurity-day">https://www.who.int/news-room/events/detail/2026/11/17/default-calendar/world-prematurity-day</a>	Support preterm babies and neonatal care.	Tue, Nov 17
<b>📅 Public Health Malaria Day in the Americas</b> <a href="https://www.paho.org/en/campaigns/malaria-day-americas">https://www.paho.org/en/campaigns/malaria-day-americas</a>	Regional malaria awareness and action.	Fri, Nov 6

## December 2026

Title & Link	Purpose	Date (2026)
<b>📅 Public Health World AIDS Day</b> <a href="https://www.unaids.org/en/World_AIDS_Day">https://www.unaids.org/en/World_AIDS_Day</a>	Solidarity, prevention, testing and treatment for HIV.	Tue, Dec 1
<b>🧑🏿 &amp; Disability 📅 Inclusion International Day of Persons with Disabilities</b> <a href="https://www.un.org/en/observances/day-of-persons-with-disabilities">https://www.un.org/en/observances/day-of-persons-with-disabilities</a>	Rights and inclusion of persons with disabilities.	Thu, Dec 3
<b>📅 Inclusion International Volunteers Day</b> <a href="https://www.un.org/en/observances/volunteer-day">https://www.un.org/en/observances/volunteer-day</a>	Volunteering for inclusive, resilient communities.	Sat, Dec 5

 <b>Public Health International Civil Aviation Day (health access)</b> <a href="https://www.icao.int/">https://www.icao.int/</a>	Air connectivity for health access and aid.	Mon, Dec 7
 <b>Inclusion Human Rights Day</b> <a href="https://www.un.org/en/observances/human-rights-day">https://www.un.org/en/observances/human-rights-day</a>	Dignity, freedom and justice for all (health as a right).	Thu, Dec 10
 <b>Public Health International Universal Health Coverage Day</b> <a href="https://universalhealthcoverageday.org/">https://universalhealthcoverageday.org/</a>	Health for all: strong health systems & equity.	Sat, Dec 12
 <b>Inclusion International Day to End Violence against Sex Workers (advocacy)</b> <a href="https://www.hrw.org/">https://www.hrw.org/</a>	Health, rights and safety.	Tue, Dec 17
 <b>Inclusion International Migrants Day</b> <a href="https://www.un.org/en/observances/migrants-day">https://www.un.org/en/observances/migrants-day</a>	Protect migrants' rights, health and wellbeing.	Fri, Dec 18
 <b>Inclusion International Human Solidarity Day</b> <a href="https://www.un.org/en/observances/human-solidarity-day">https://www.un.org/en/observances/human-solidarity-day</a>	Solidarity for development, health and inclusion.	Sat, Dec 20
 <b>Public Health International Day of Epidemic Preparedness</b> <a href="https://www.un.org/en/observances/epidemic-preparedness-day">https://www.un.org/en/observances/epidemic-preparedness-day</a>	Preparedness saves lives.	Sun, Dec 27

### **Cayman Islands Government Public Holidays – 2026 (subject to official Gazette)**

Holiday	Date (2026)
New Year's Day	Thu, Jan 1
National Heroes Day	Mon, Jan 26
Ash Wednesday	Wed, Feb 18
Good Friday	Fri, Apr 3
Easter Monday	Mon, Apr 6
Emancipation Day	Mon, May 4
Discovery Day	Mon, May 18



His Majesty The King's Birthday (observed)	Mon, Jun 22
Constitution Day	Mon, Jul 6
Remembrance Day	Mon, Nov 9
Christmas Day	Fri, Dec 25
Boxing Day (observed)	Mon, Dec 28